

Chatter Newsletter



Ken Baxter Community Center • A Newsletter for Seniors



Marysville Parks & Recreation Autumn Craft Show

Saturday, October 11 • 10:00 am - 4:00 pm
Ken Baxter Community Center, 514 Delta Ave.

It's the kick off to your holiday shopping season!

Shop from over 20+ vendors for gifts, pets, kids, mom, and garden and don't forget yourself! Enjoy our new holiday relaxation café area for some tasty goodies, espresso drinks and pampering.

Want to be a vendor? Email mburgess@marysvillewa.gov or call (360) 363-8450 • Course # 11557



Center Hours:
Monday - Thursday
9AM to 4PM
Friday • 9AM to Noon

Good Health · Companionship · Friends · Community Pride

Calendar for September and October

September's Featured Class

Backyard Birds

Enhance your understanding of common birds and improve your ability to identify them. This class includes: basics of anatomy, migration, reproduction, foods and foraging.



Day	Date	Time	Fee	Class#
Thur	Sept 18	7 - 8:30 pm	\$17	12867

October's Featured Class

Darts - Hit Your Mark!

Darts is a fun, sophisticated game that can be enjoyed by all. Paul Straub has over 30 years experience teaching darts and will do so in a way that is colorful, humorous, yet serious in his desire to teach new people the sport. Learn about darts, the lingo, games played, tournament play, chalking (score keeping), etiquette, throwing and more. Class includes instruction, practice and scheduled breaks. You should be able to play darts with confidence anywhere after taking Paul's class.



Day	Date	Time	Fee	Class#
Tue	Oct 7-21	6:30- 8:30 pm	\$39	12909

Weekly Events for Seniors

Mondays

9:00 am - Tell Life Story
9:00 am - Aerobics
9:30 am - Café Baxter
10:00 am - History Talk
11:00 am - Clogging
12:00 pm - Pinochle
1:00 pm - Skipbo *New!*

Tuesdays

9:00 am - Gourd Class
12:00 pm - Bridge

Wednesdays

9:00 am - Aerobics
10:00 am - West Wing Wed
10:30 am - Book Club
(3rd Wed)
1:00 pm - Movie(3rd Wed)
1:00 pm - Attorney (FREE)
(1st Wed by appointment)

Wednesdays - cont.

Thursdays

10:00 am - Chair Massage
(1st & 3rd Thurs. by appt.)
10:00 am - Genealogy
10:30 am - Beginning
Clogging
12:30 pm - Driftwood
Sculpture
1:00 pm - Hand & Foot
Canasta
1:00 pm - Mah Jong

Fridays

10:00 am - Woodcarving

For appointments, please
call (360) 363-8450

Highlighted Classes for Seniors

Low Impact Aerobics

Find fitness and friendship in our low impact aerobics class! Instructor, Tracey Mackie will keep you moving while maintaining flexibility. Class meets every Monday and Wednesday.

Day	Date	Time	Fee	Class#
Mon/Wed	Sept 3-29	9-10 am	\$40	12065
Mon/Wed	Oct 1-29	9-10 am	\$40	12066

Driftwood Sculpture

Learn how to find and clean a piece of driftwood, then oil and finish it, turning it into an amazing piece of art. Artists and non-artists alike will enjoy driftwood sculpture with instructor Arline DePalma. Each student will be given a piece of wood in class. Please bring a towel with you.



Day	Date	Time	Fee	Class#
Thur	Sept 4-25	12:30 - 2:30 pm	\$38	12299
Thur	Oct 2-30	12:30 - 2:30 pm	\$38	12300

Woodcarving Studio

Learn how to carve beautiful things out of wood in this open studio format. Experienced and beginning woodcarvers welcome. Students teach one another and share techniques. Bring your own tools and decide what kind of project you would like to pursue.

Day	Time	Fee
Fri	9 am-12 pm	\$3 per visit, drop-in

Mexican Train Party with the Lynnwood Senior Center!

We'll be hosting a fiesta party with tasty appetizers at our place as the folks from the Lynnwood Senior Center stop by and show us all how to play Mexican Train! Mexican Train is fun and easy game using dominos. We hope to start a group here but first we need to learn how to play! Please join us for the party and we'll have a great time. Preregistration is requested but not required. FREE

Day	Date	Time
Wed	Sept 24	1pm



Tai Chi - Sun Style

Traditional Sun Style Tai Chi is based on gentle motion using deliberate, precise, focused, slow and fluid movements with rhythmical breathing and an emphasis on a relaxed body for strength and balance. You're in for a treat as the class is taught by Master Tai Chi and Reiki instructor, Eli Ramos who is of direct lineage to the Sun Lutang family who originated this style. Eli has taught Sun Style and Traditional Tai Chi all over the world, including Alaska, Costa Rica, Belize and the mainland.

Day	Date	Time	Fee	Class#
Tue	Sept 2-30	10am -11am	\$50	12919
Tue	Oct 7-28	10am -11am	\$40	12920

Highlighted Classes for Seniors

Welcome to Medicare!

Senior Services of Snohomish County will provide an informative workshop about Medicare A & B in a plain, easy to understand format. Includes updated changes to Medicare, eligibility requirements and prescriptions. Medicare supplements and Advantage plans will also be discussed. If you're about to turn 65, this is a must attend program! FREE

Day	Date	Time
Tue	Sept 16	10am - 12pm

Medicare Supplement & Advantage Plans: Individual Appointments

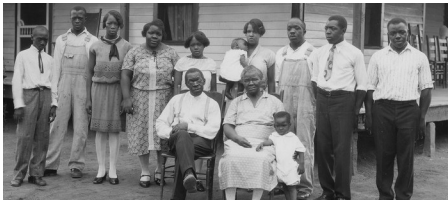
Let non-biased, trained volunteers from Senior Services assist you in choosing a supplemental health care plan. Compare rates, plans and more. To make an appointment, call Senior Services at 1-800-422-2024. Located at the Ken Baxter Community Center at 514 Delta Ave in Marysville. FREE

Day	Date	Time
Wed	Oct 29	9am - 5pm

African American Genealogy & History

Attend a special presentation provided by the KBCC Genealogy group about African American genealogy. FREE

Day	Date	Time
Thur	Oct 16	10am



Defensive Driving

This refresher defensive driving course is for people age 55 and over. The cost is \$15 if you are a current AARP member and \$20 if you are not, payable to your instructor in class with cash or check.

Register through the Community Center by calling (360) 363-8450. The class takes place at fire station 66 7217 40th St. NE in Marysville. (Near the Sunnyside Nursery)

Day	Date	Time
Wed/Thur	Oct 15 & 16	9am - 1pm

Genealogy

Learn the basics of research, finding your ancestry through the computer, library, archives and more. Beginners and those experienced in genealogy alike will enjoy this class. Please call a day or two in advance if it's your first time attending.

Regular Genealogy (for all levels)

Day	Time	Room
Thur	10am-12pm	Comeford

Basic Beginning Genealogy

Day	Date	Time	Fee	Class#
Thur	Sept 4-25	9-10 am	FREE	12889

September 17th Movie

Noah
w/ Russell Crowe

October 15th Movie

César Chavez w/
Michael Pena



1:00 pm

Go online to register! marysvillewa.gov

Flavors of Whatcom Culinary Tour

Here's one delicious adventure you won't want to miss. Head north and visit some of Whatcom County's best culinary locations. First stop: Bellewood Acres, home to amazing produce, ciders and an artisan



distillery. Tour the farm, orchard and distillery and try some tasty products. After enjoying a delicious no-host lunch at their lovely Bistro it's on the road to Fairhaven. Visit the Drizzle Olive Oil and Vinegar Tasting Room where we'll experience a private tour. Be amazed as you sample the wonderful flavors and combinations of oils, vinegars, pastas and spices. Time will be set aside for you to explore more of the Fairhaven shops before heading to the Chuckanut Bay Gallery and Sculpture Garden. Located along Chuckanut Drive, the Gallery offers a destination shopping experience like none other!

REGISTRATION DEADLINE Fri., Sept. 12. Wear sturdy, supportive walking shoes.

Day	Date	Time	Fee	Class#
Sat	Sept 20	9am - 5:30 pm	\$72	12933

Nisqually National Wildlife Refuge

Grab your binoculars and a sack lunch and join avid bird specialist Sue Cottrell for a fun, enriching and educational trip to the Nisqually National Wildlife Refuge. This protected estuary, home to over 300 species of birds, mammals, fish and amphibians, has become an important place for wildlife and especially migratory birds on the West Coast. Sue will lead you on various walks, set up a spotting scope and help you identify numerous varieties of birds and waterfowl. Participants will have time to enjoy a picnic lunch along the wonderful trails, check out the viewing platforms and climb the observation tower. Time will also be given to explore the amazing



visitor center and lovely gift shop. And, on the way home you'll make one last stop for a quick afternoon treat or coffee break. Dress in

warm, water-proof layers and wear sturdy, warm shoes. REGISTRATION DEADLINE Fri., Oct. 3.

Day	Date	Time	Fee	Class#
Sat	Oct 11	8am - 4pm	\$65	12934

Sumner Hometown Holiday


Travel south to the quaint towns of Sumner and Puyallup. Settled in 1853 and nestled in the valley where the White River flows into the Puyallup River,



historic Sumner combines the best of the past with a wonderful present. Its cute cafes and lovely storefronts invite visitors to shop

and enjoy festive open houses with refreshments and holiday cheer. Time will be given for exploration, enjoyment and a no-host lunch before visiting the Meeker Mansion in Puyallup. Listed on the National Register of Historic Sites, this 17-room Italianate Victorian Mansion was home to Ezra Meeker and his family. REGISTRATION DEADLINE Fri., Nov. 7.

Day	Date	Time	Fee	Class#
Sat	Nov 15	9am - 4:30 pm	\$65	12935

<p>Rehabilitation • Postacute Care</p>  <p>360.659.3926 1821 Grove St. Marysville, WA 98270 www.LCCA.com Joint Commission accredited</p>	 <p>Grandview Village A VILLAGE CONCEPTS RETIREMENT COMMUNITY</p> <p><i>Apartments available. Call for a tour and meet our staff and friendly residents!</i></p> <p>5800 64th Street NE, Marysville, WA (360) 653-2223</p>	<p>City of Marysville</p> <p><u>Marysville Multicultural Diversity Fair</u></p> <p>Saturday September 20, 2014 10am to 3pm Comeford Park 514 Delta Ave</p> <p>Be a part of Marysville’s premier community-wide celebration of diversity!</p> <p>Information: (360) 363-8086 dbuell@marysvillewa.gov</p> <p>FOOD • MUSIC • DANCE • FUN</p> <p>Hosted by the City of Marysville, Mayor’s Diversity Advisory Committee and & Arts Coalition</p>  
<p>A Unique Memory Care Community</p> <p>1216 Grove Street Marysville, WA 98270 (425) 436-6028</p> <p>Private Rooms Cozy Environment Caring Staff Activity Program</p> <p>Or Email Kelley@carepartnersliving.com</p>	<p>ELDER LAW • WILLS TRUSTS • POWERS OF ATTORNEY</p> <p><i>Planning for the Future - Helping with the Past</i></p> <p>Paul McConnell Attorney at Law</p> <p>Member: National Academy of Elder Law Attorneys</p> <p>1636 3rd St. • Marysville • (360) 658-6580</p>	
<p>Right at Home® In Home Care & Assistance</p> <p>Right at Home offers care giving services for almost any family and practically any situation. Our in-home care lets your loved one enjoy life in the comfort of a familiar environment and we tailor all of our services to your unique situation through a Custom Care Plan. Call today and let us make life less complicated for you.</p> <p>425.290.1714 • rahsnoco.com</p>	<p><i>“A Place to Call Home”</i></p> <p>Windsor Square Retirement Apartments</p> <p>9912 48th Drive NE, Marysville, WA 98270 (360) 653-1717 windsorsquare@gres.com <i>Check us out on our web site at:</i></p>	
<p>Book Club Readings</p> <p>September book title: All the Light We Cannot See by Anthony Doerr</p> <p>October book title: Alice in Wonderland by Lewis Carroll</p>	<p>KBCC Coffee Bar</p> <p>The Community Center serves fresh coffee daily! Monetary donations or an unopened can of fresh coffee is always appreciated. Help us to keep the coffee, “brewing!” Thank you!</p> 	



Ken Baxter Community Center
514 Delta Avenue
Marysville, WA 98270



Find us on the Internet - Marysvillewa.gov
Phone Number : (360) 363-8450

**The Ken Baxter Community Center
will be closed on September 1st in
honor of the Labor Day Holiday**

All programs are subject to change without notice. Please check your newsletter or call KBCC for more detailed program information.